

Early Offer of Help commissioned services quick guide

Area of need...



The commissioning team oversee a range of early offer services. Details are contained on this page, with service descriptions and contact numbers. Should you require any further detail please do not hesitate to contact me or the team

Domestic abuse

Perpetrators programme (provider—DVIP)

What does it do—25 week intensive weekly group programme addressing and correcting behaviours and attitudes around domestic abuse. Partner support is also available via phone

How do I refer to it— Generally only used when cases are in Social Care—call 020 7633 9181 or email— vpp@dvip.org—If in court proceedings contact Mandy Leeman (specialist DV practitioner—Thurrock Children’s Social Care)

Domestic abuse support for women (Thurrock Women’s Aid)

What does it do—one-to-one 8 week programme (weekly) known as the STEPS programme. Offers therapeutic recovery; understanding the dynamics of abuse; safety planning and practical advice around housing; debt; legal; employment etc.

In addition a universal drop-in service is available offering practical support and safety planning

How do I refer to it— call 01375 845899 or email—eoh@thurrock-wa.org—to access the 8 week programme

Women can access the drop-in direct by calling 01375 845899 or 07875 342015

Sexual violence

Support for survivors of sexual violence (SERICC)

What does it do—Therapeutic programme to re-build confidence, resilience and recover parenting capacity for survivors of any form of sexual violence: rape; sexual assault; survivor of historic childhood sexual abuse and any other form of sexual violence

How do I refer to it— call 01375 381322 or [email—sericc@sericc.org.uk](mailto:email-sericc@sericc.org.uk)

Substance misuse

Family drug and alcohol support (Open Door)

What does it do—Intensive (non-treatment) programme that aims to address alcohol/substance misuse in the family by co-ordinating service users to attend treatment; address the underlying issues around their use; understand the impact on children and use motivational techniques to cease/decrease use

How do I refer to it— call 01708 856850 or email—familysupportservice@oasisopendoor.co.uk

Parenting

Parenting programmes and one-to-one support (Coram)

What does it do— Offers three parenting programmes—Strengthening Families Strengthening Communities (SFSC); Triple P and Mellow parenting as well as one-to-one support where appropriate. Group programmes will be tailored to individual circumstances with the most appropriate programme selected by the provider

How do I refer to it— call 01375 485480 or [email—ttfs@coram.org.uk](mailto:ttfs@coram.org.uk)

Family Intervention (FIP)

Intensive family intervention (FIP) - (Catch22)

What does it do— Intensive family support over a period of between 6 and 18 months where families have complex and multiple issues such as: substance misuse; children out of school; neglectful parenting; poor housing; crime and ASB; mental health; worklessness

How do I refer to it— call 01375 656056 or email—thurrock.fip@catch-22.org.uk

Children's Centres

Children's Centres—mix of commissioned out to 4children and those operated by Thurrock Council

What does it do— Universal centre based services as well as Family Support Workers (Outreach)

Programme of service includes:

Health clinics including pre-natal checks and child clinics

Midwife

Breastfeeding support

Healthy child sessions

Parentcraft and positive birth

Speech and language sessions

Stay and Play

Parenting

Employment clinics / Benefit advice

Housing advice

Domestic Violence support

Other support i.e. substance misuse; mental health

Bookstart – reading

How do I access (these are universal—contact numbers are below)

East Tilbury – 01375 846617

Purfleet – 01708 863739

Chadwell – 01375 842216

Beacon (Chafford Hundred) – 01375 651034

Aveley – 01708 863954

Ockendon – 01375 413936

Thameside – 01375 387894

Stanford-le-Hope – 01375 673080

Tilbury – 01375 858243